

MENU

Mexican Food



LA ROCA
RESTAURANT

100%

LA ROCA

LA ROCA
SELECTION

BALEADAS



Sencillas **4.75**

A homemade flour tortilla stuffed with refried beans, cheese and cream.

Pidelos con todo **5.99**

A homemade flour tortilla stuffed with refried beans, cheese and cream.

Choose From: Steak or Chicken.

Bistec Encebollado Catracho **15.99**

Sautéed onions and steak. Served with fried green plantain.

FROM OUR FRY



Tajadas Fritas **9.99**

Slices of fried plantain until golden brown. Served with ground beef and cabbage.

FROM OUR FRY

El Catracho

15.99

Carne asada marinated in seasoned herbs. Served with fried plantain, beans, rice, and cabbage.

APPETIZERS



Pollo con Tajada

12.99

Fried Chicken. Serve with cabbage and fried green plantain

ROCA SAMPLER



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BREAKFAST All Day



9.99

Desayuno Típico

Two eggs cooked to order with fried plantains. Include homemade fresh beans, diced avocado and two corn tortillas.

Desayuno Ranchero

Served with two eggs cooked to order with chorizo sausage, diced avocado, and fresh cheese. Include red bean and rice mix.



10.99

Desayuno Salvadoreño

Two eggs cooked to order topped with our delicious Salsa Ranchera. Serve over two fresh handmade Pupusas. Include fried beans and fried plantains.



10.50

Sincronizadas con Huevo

Flour tortilla stuffed with ham and cheese. Two eggs cooked to order topped with our fresh Salsa Ranchera. Include avocado, refried beans and fried plantains.



9.99

ANTOJITOS MEXICANOS



Tortas **9.95**

Handmade fresh bolillo bread crafted to perfection, filled with your choice of meat. Stacked with layers of refried beans, fresh lettuces, tomato, avocado, mayo and choice of jalapeno or chipotle peppers.

SELECT FROM: Ham and Cheese, Carne Asada, Chorizo and Eggs

Torta Cubana **10.99**

Fresh bolillo bread filled with crispy chicken milanese, carnitas, chorizo, ham, egg, cheese, fresh lettuce, tomato, avocado, refried beans and mayo.

Torta El Chavo **9.75**

Filled with tender slow cooked pork, ham, cheese, lettuce, tomato, avocado, beans and mayo.

BURRITOS

Freshly Handmade when your order



9.95

Southwest Burrito

Filled with your choice of meat, refried beans, grilled onions and fresh cilantro, wrapped in a warm flour tortilla. Topped with our mild green chile sauce and melted cheese.

CHOOSE FROM: Beef, Chicken, Carnitas, Pastor or Chorizo Sausage.

BURRITOS

Freshly Handmade when your order

Classic Burrito **8.95**

Warm flour tortilla stuffed with your choice of meat, rice, refried beans, onions and fresh cilantro.

CHOOSE FROM: Beef, Chicken, Carnitas, Pastor or Chorizo Sausage.

ENCHILADAS VERDES



12.99

3 Corn tortillas filled with your choice of meat.

Topped with Mild Green Chile sauce and melted cheese. Includes rice, beans and salad.

Options: Chicken or Carne Asada

TRADITIONAL CRAVINGS

Quesadillas **9.75**

Flour tortilla stuffed with your choice of meat. Topped with fresh lettuce, fresh pico de gallo, avocado and sour cream.

add 1.00 to Tongue or mixto order

SELECT FROM: Beef, Chicken, Carnitas, Pastor or Chorizo Sausage.

TRADITIONAL CRAVINGS

Sopes

Fresh thick and soft handmade corn sope with your choice of meat Topped with refried beans, onions, chopped cilantro, fresh cheese, and choice of green Chile sauce or red Chile sauce.

Veggie Sope **3.99**

Meat Sope **4.99**
Tongue 5.75

CHOOSE FROM: Beef, Chicken, Carnitas, Pastor, or Chorizo Sausage.

Huaraches **4.99**

Handmade to order oval corn dough stuffed with refried beans. Topped fresh cilantro, chopped onions, cheese and choice of green sauce or red sauce.

SELECT FROM: Beef, Chicken, Carnitas, Pastor, or Chorizo Sausage.

TACOS



Tacos **2.75**

Handmade to order, a soft corn tortilla served open faced with your choice of meat. Topped with onions, cilantro, slice of lime and choice of mild red or mild green salsa. **(Beef tongue 3.75)(mixto 3.75)**

Three Fried Tacos **10.99**

Crispy Corn Tortilla Roll Filled with chicken. Includes a side of rice, beans and house salad.

I Love STEAKS



100%
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Bistec Encebollado 15.99

Broiled steak and grilled onions in our mild green chile sauce. Include rice, beans, two corn tortillas and a side house salad.

Bistec a Caballo 16.99

Steak grilled and two eggs over easy topped with our special house tomato sauce. Include beans, rice, two corn tortillas and a side house salad.

Deshilada con Huevo 13.99

Sliced Beef served with scramble egg. Include beans, rice, and two handmade corn tortillas and a side house salad.

Carne Asada 15.99

Tender grill beef served with a side of beans, rice, two corn tortillas, and house salad.

Land and Sea 17.99

Four juice shrimp grilled over a peppercorn seasoned steak grilled to order. Include rice, beans, and a side house salad.

El Catracho 15.99

Carne asada marinated in seasoned herbs. Served with fried plantain, beans, rice, and cabbage



SEAFOOD



SEAFOOD SOUP

18.99

A hearty mix of the sea includes: calamari, shrimp, clams, and mussels in a creamy seafood broth.

Shrimp

11.95

Mexican style shrimp cocktail.



Grilled Shrimp

16.99

Topped with our homemade marinate sauce

Fried Tilapia

15.99

Served with rice, beans, salad and tortillas.

Tilapia con Tajadas

15.99

Fried tilapia fish and slices of green plantains to golden brown perfection served with side of cabbage and refried beans

Boca Colorada Frita

18.99

Fried fish served with rice, beans, salad and tortillas

Entomatado

19.99

Fish fillet topped with our delicious homemade tomato salsa.



HOUSE SPECIALS



Plato Típico La Roca **13.99**

Carne Asada served with our special refried beans, cheese, diced avocado and rice. Include two handmade corn tortillas, one Mixed Pupusa and fried plantains.



Plato Especial **18.99**

Includes carne asada, grilled chicken, chorizo, and shrimp. Served with rice, refried beans and fried plantains, and pico de gallo

HOMEMADE SOUPS



Sopa de Gallina **13.99**

With vegetables and one piece of hen and two corn tortillas.

Sopa de Res **14.99**

Served with mixed vegetables, beef ribs, rice and 2 corn tortillas.

Sopa de Mondongo **13.99**

Delicious spicy stew of trip and small chuck of beef feet with vegetables. Include two fresh corn tortillas

Sopa de Frijoles **13.75**

The combination of black beans, ribs, oregano and thyme creates a soft texture that explodes with flavors.

HOUSE SALADS



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Our House Salad **5.95**

Salad Fresh lettuce, cucumber, tomatoes

HOUSE SALADS

Chicken Salad **11.99**

Grilled chicken over a bed of fresh lettuce tossed with our own house dressing.

Taco Salad **11.99**

Choice of carne asada, chicken, or carnitas in a crispy corn tortilla shell filled with lettuce, fried beans, homemade Pico de Gallo. Topped with sour cream.

Shrimp Salad **12.99**

Grilled shrimp over a bed of lettuce, diced avocado and tomatoes. Tossed with our house dressing.

Shrimp and Chicken Salad **11.99**

Grilled tender chicken and shrimp tossed with lettuce, tomatoes and our house dressing.

ENCHILADAS SALVADOREÑAS



Made to order handmade fried tortilla, topped with refried beans. Garnished with our homemade cabbage and mild spicy tomato salsa.

Your choice:	HUEVO	BEEF	MIX
	2.99	3.99	3.99

Salvador's typical dish handmade corn flour thick tortilla slowly cooked Filled with pork chop fried, cheese and beans.
Filled with meat or veggies. Served with our homemade pickled cabbage and tomato salsa.

TRADITIONAL PUPUSAS



Revuelta

Cheese, pork and refried beans

2.50

Frijol con queso

Refried beans and cheese

2.50

Queso

Cheese pupusa

2.75

Loroco Pupusa

with cheese and green unopened flower buds from the 'Loroco' plant

2.75

Gringa

Stuffed with ham and mozzarella cheese

2.50

Hawaiian

Filled with pineapple, cheese and ham

2.75

Chicken and Cheese

2.75

Shrimp and Cheese

3.25

Fish and Cheese

3.25

Garlic Pupusa

2.50

Jalapeno Pupusa

2.50

Squash Pupusa

2.50

Mixed vegetable pupusa

2.75



MENU INFANTIL – KIDS



COMBO 1

6.99

Pechuguitas de pollo
Chicken nuggets
Include french fries



COMBO 2

6.99

Quesadilla de pollo
chese quesadilla

COMBO 3

6.99

Burrito de pollo
Chicken burrito



COMBO 4

6.99

2 Pupusas pequeñas
2 Small Pupusas

SIDE PLATES



Tamales

Chicken or pisque tamales wrapped in a fresh corn husk.

2.50

Tamale de Elote

Corn tamale wrapped in a fresh corn husk.

2.50

Empanadas de Platano

Fried mashed sweet plantain filled with poleada. Tossed with white sugar.

2.50

Pastelitos

2.75

Crispy corn dough stuffed with chicken or beef. Includes our homemade cabbage and mild spicy tomato salsa.

Fried Plantains

5.99

Nuegados

4.99

Yuca con Chicharron

8.99

Pork chop fried and cassava. Includes cabbage and tomato salsa.

SODAS

Cola Champa, Jarritos, Inca Cola, Sangria or Bottle of Coke

2.95

Coca-Cola or Sprite

1.75

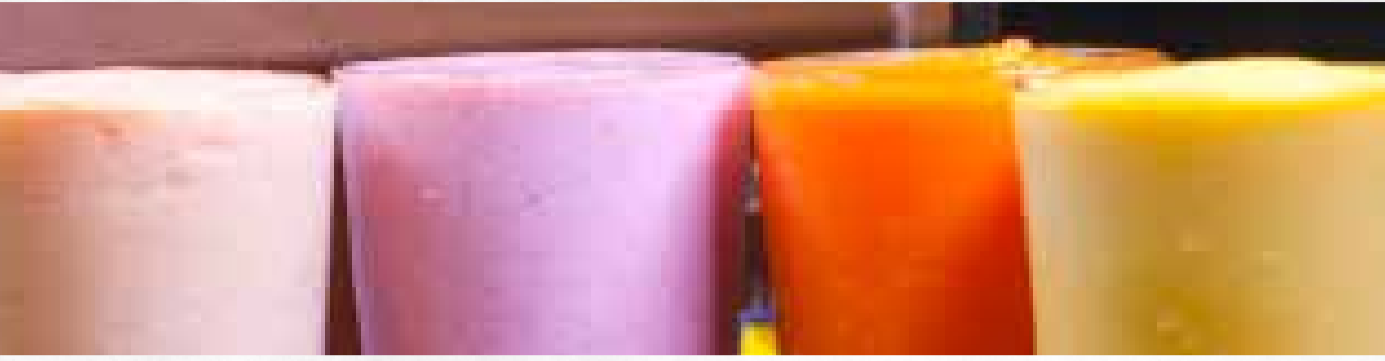
Red Bull

2.99

Gatorade

2.95

100% NATURAL FRUIT SMOOTHIES



100% Natural Fruit Smoothies **4.99**

Choose Flavor: Orange and Carrots - Strawberry and Banana Mango and Papaya.

Coffee, Tea or Chocolate **1.99**

(Low fat, Skim)

Chocolate Salvadoreño **3.95**

Virgin Pina Colada **2.99** Coconut Water

A harmonious mix tropical coconut and pineapple flavors. Our virgin piña colada is alcohol free.

Natural Drinks **3.25**

Fresh waters. Choose Flavor: Horchata, Marañon (cashew nut fruit) or Tamarind.

Ensalada de Frutas **4.99**

A drinkable blend of finely chopped tropical fruits

DESSERTS

Flan

3.95

Tiramisu

3.95

Tres
Leches

3.95



I Love STEAKS



Chuleta de Cerdo **14.99**

Costillas de res **16.99**

Pan con Pollo **7.99**

**Filet de pescado
con vegetales** **13.50**

**Pechuga de pollo
con vegetales** **12.99**

Bistec milanesa **14.99**

Tajada con todo **6.99**

